

FEBRUARY 2018

TANZANIA · SPAIN · CHARLESTON · VENICE · BHUTAN

# TRAVEL+ LEISURE

## Island Getaways



On the beach  
at Baha Mar,  
in the Bahamas.

ST. KITTS  
ARUBA  
JAMAICA  
THE BAHAMAS  
ANTIGUA  
GRAND CAYMAN  
ST. LUCIA  
THE GRENADINES

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CARIBBEAN 2018



**THE ROOMS** The 126 rooms and suites are cheerful and bright, with ivory wood-paneled walls, a cream-and-taupe color scheme with cheery pops of blue and red, and not even a hint of the stuffy colonial style still so prevalent across the region. My favorite category: the Neris Peak suites, which feature outdoor living rooms and private plunge pools. They're great for couples.

**THE FOOD** All three restaurants on the property serve excellent, locally sourced food. The standout is the adult-only Stone Barn, where the executive chef, Pankaj Bhatt, turns out sophisticated, unfussy dishes. The malis-mali crudo is embellished with tiny edible viola flowers, and the chorizo-spiced prawn with piquillo yogurt, toasted macadamias, and cilantro melds international flavors.

MINUTES

## A NEXT-GEN CARIBBEAN RETREAT

The long-awaited Park Hyatt St. Kitts is bringing a new level of luxury to the island. Sarah Groves-Sabbadoro checks in.

Funny enough, the biggest draw at St. Kitts's Park Hyatt resort, which opened last November in Christophe Harbour along the southeastern peninsula, might be sister island Nevis. That's because wherever you are at the beachfront property, the mist-crowned peak of Nevis's iconic volcano, just three miles away, draws the eye. The resort's sense of openness, of being connected with nature, starts at the entrance, with its reflecting pools punctuated by water lilies. It continues in the open-plan Living Room, a light-filled space with floor-to-ceiling ocean-view windows, a whimsical wall of straw hats, and armchairs and coffee tables instead of a traditional front desk. Within minutes, I felt myself descend into island time.

**THE ACTIVITIES** Whether I was lounging at either of two main pools or on Banana Bay—which offers additional views of Nevis Peak—I was never bored. At the Miraval Life in Balance Spa, the massages and scrubs use local salt, volcanic stone, and black sand, and a reproduction of a stone sugar mill is a site for meditation and yoga. When I wanted to get off the property, I took one of the island tours, or "journeys"—including rain-forest excursions and a visit to Brimstone Hill Fortress—for an introduction to Kittitian history and culture. [park.hyatt.com; doubles from \\$450](#)



**THE SPA AND GOLF** **COMO Parrot Cay** [comohotels.com; doubles from \\$320](#) has always been a mainstay for couples, ocean fans, and wellness enthusiasts, thanks to its stellar spa hosting free yoga and Pilates sessions. This season's renovation has brought rooms that will match the spectacular setting (think streamlined marble bathrooms and sleek wooden flooring), with a new beach club adding to the toes-in-the-sand allure.